THE "WE" IN NETWORKS

SOMAVA SAHA, MD MS EXECUTIVE LEAD, WELL-BEING IN THE NATION (WIN) NETWORK AND WE IN THE WORLD



Well-being and Equity (WE) in the World

why WE exist: To create a world where everyone has the chance to reach their full potential for well-being and contribute to that of others.

- Through relationships and system change, with well-being and equity in our process and in our outcome.
- who WE are: A connected network of some of the most skilled and trusted system change accompaniers in the field.







What WE Do

 Develop and scale frameworks and tools that change how we think and act

 Build a community of accompaniers capable of transforming the system



 Accompany change-makers to achieve real world change at scale

 Build strategic networks capable of changing the system

FRAMEWORK FOR HEALTH EQUITY: INTERCONNECTEDNESS BETWEEN PEOPLE, PLACES, SYSTEMS DRIVING (IN)EQUITY

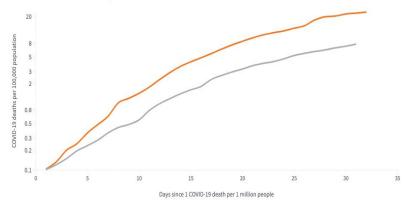


UNDERSTANDING INEQUITIES IN THE CONTEXT OF COVID-19

Deaths from COVID-19 in High- and Low-Concentration Black Counties

Counties with higher-than-average black race



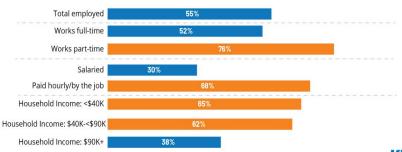


Notes: Higher than average prevalence black race includes counties where the population is at least 13.4% black, based on the national average (https://www.census.gov/quickfacts/fact/table/US/PST045218) • The y-axis is plotted on a log10 scale.

Data: Johns Hopkins University Center for Systems Science and Engineering (JHU CSSE). Obtained on April 21, 2020.

Over Half of Those Employed as of February Say They've Lost a Job, Hours, or Income Due To Coronavirus

Percent who say they lost their job, had hours reduced, took a pay cut, or have been furloughed as a result of the coronavirus outbreak:



SOURCE: KFF Health Tracking Poll (conducted April 15-20, 2020). See topline for full question wording.



COVID-19 AND ECONOMIC INEQUITY

- Who has to work?
- What protection do they have in terms of working conditions in general?
- What protective equipment do they have for COVID-19?
- Can they afford to be quarantined or to care for a family member?
- Who can't work or has reduced work?
- What are the conditions of work?
- How much wealth do they have to ride out loss of employment during an economic downturn?
- What benefits do people have when they are unemployed?



In the context of COVID-19 how might racial, income and other inequities play out?

Community and belonging

- Mistrust of "the other"
- Cloth bandannas in communities of color
- Perceptions of who is clean and unclean
- Social isolation

Economic exclusion

 Loss of work and loss of control over safety for people in the lowest quarter of the workforce

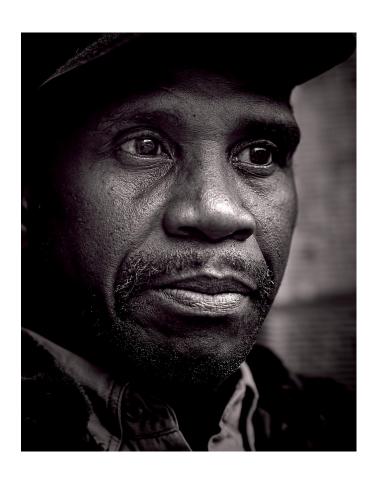
Basic needs for health and safety

- Who has access to health insurance?
- Who still has access to affordable health care?
- Who has access to COVID-19 testing?
- Who has access to clean water to wash their hands?
- Who feels safe getting help? (public charge)
- How does increased stress, isolation, etc affect their physical and mental health and risk behaviors?

Conditions of housing

Are people housed? Can people distance effectively?



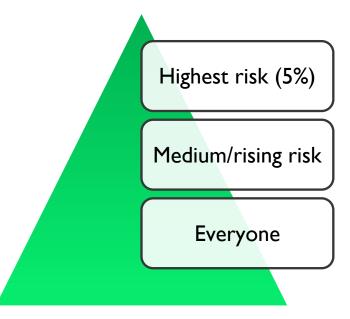


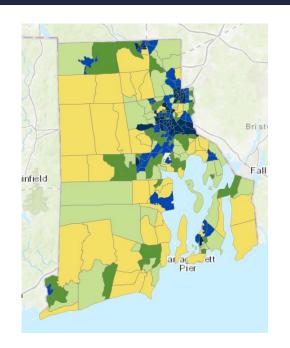
Connecting the dots and making it real Trevon

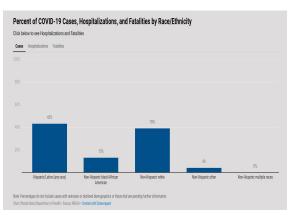
Living with partner in Pawtucket
Laid off from job
5 years in recovery
Severe Depression with psychotic features
Diabetes, AIC 8
Well-being today 3
Well-being future 3

Risk score?

HELPING PEOPLE TO REDESIGN THE SYSTEM IN REAL TIME

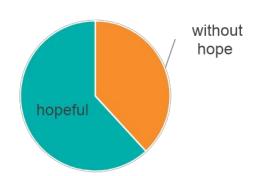


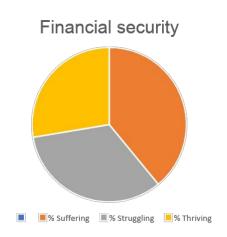


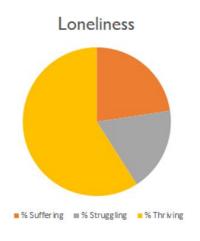


HELPING PEOPLE TO CONNECT THE DOTS FOR THEMSELVES

% of People with MH/Addictions in Delaware Who Have Hope













Well Being In the Nation Network (WIN)



What is WIN?

A strategic network coming together to advance intergenerational well-being and equity.

Who is in WIN?

A diverse and growing number of people, organizations and communities across ages and places (including those who confront challenges every day).

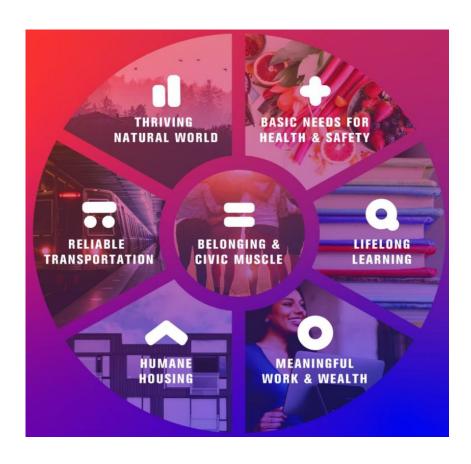
What do we work on?

- Changing the culture and systems that perpetuate legacies of trauma and exclusion to ones which create dignity and inclusion
- Advancing the vital conditions that everyone needs to thrive

www.winnetwork.org

Well Being In the Nation (WIN) Network





Despite Business being closed -NOLA Chef opens up Family Meals

Chef Toups's restaurant was making family meals for his restaurant staff. "We were cooking to feed our own cooks, then I said, 'I'll just make more," said Toups. "If you're cooking for 10 you can cook for 20. It started doubling every time. It just snowballed." With so many in the hospitality sector out of work, Toups' Meatery has extended its family meal to anyone who needs one. They have now been serving 200-300 people a day.





Photo by Ian McNulty

Meaningful Work and Wealth in the Time of Corona





BRIGHT SPOTS

Family Outcomes

On average, during two years of engagement with FII, families report













FII is changing the narrative about lowincome families



FII and families from across the nation are building a movement to change the way our country perceives and invests in low-income

"We do this by providing the technology platform to strengthen social networks, access resources, and support families in achieving mobility. We use the data and stories we receive from families as evidence to help change the policies and practices that are barriers to family sucess."

Families that partner with FII, consistently have significant gains in their financial

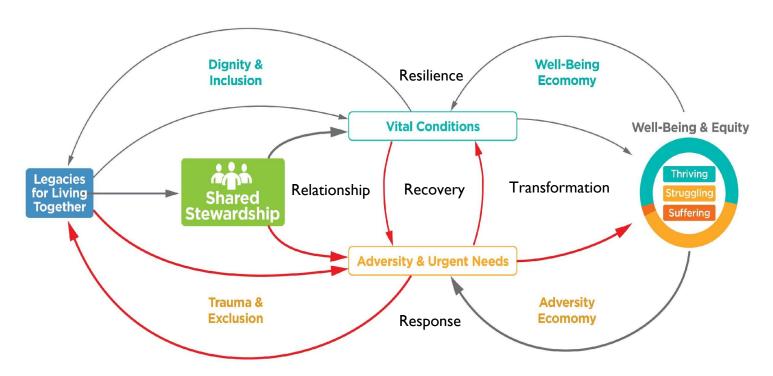
The WIN with Business Collaborative

The WIN with Business cooperative is designed to hel positive impact on the well-being of people and places

community impact and broader community system change. WIN wi frameworks and resources that can help businesses create balance medium- and long-term opportunities to improve the well-being of lens of equity.



Figure I WIN Theory of Change in Context of COVID-19



Adapted from WIN Theory of Change, which was co-created based on dialogues with thousands of community residents and stewards together over 1.5 years as part of the Well Being Trust Legacy project. Illustration used with permission from the Rippel Foundation and Well Being In the Nation Network.

KEY STRATEGIES FOR BUILDING THE "WE"

- Help people connect the dots between health and the vital conditions that create overall well-being
- Help organizations and communities apply an equity lens to their pandemic response in a way that supports longer-term resilience and system transformation
- Make it practical, meaningful and actionable--and invite them in to join you









Well-being and Equity in the World

Transformation is hard.

www.weintheworld.org

